

Monthly Gender-
Focused Consultation
Groups with Lisette
Lahana, LCSW



For most of the consult groups, topics are the focus of the first 20-40 mins. This depends on the number of cases group needs consultation on that day. Each group has decided on their own topics for the year so some of these topics will have already been covered or will not be covered in the group you choose. You can always ask for information your group got on a specific topic, in the past, be emailed to you, once you are a *regular member*.

Monthly Topic Examples

- The Politics of Gatekeeping and Assessment
- Gender Affirming Hormones
- Puberty Blockers and Preparing Youth and Parents
- WPATH and Other Conferences Debriefs (take home clinical concepts)
- Working with Parents of Youth/How to be an Advocate
- Working with Clients of Color and their Families (ongoing topic)
- Preparation and Information about Chest Surgeries
- Preparation and Information Lower Surgery Options
- Facial Feminization Surgery
- Developing Your Professional Identity as a Gender Therapist
- Bringing your Gender to the Work you do with Client (your own cis privilege, your trans or non binary identity)
- Clinical Work with Intersex, Agender, Eunuch Clients
- Clinical Work with Clients who are Neurodiverse (Autism Spectrum)
- Co-occurring Mental Health Issues
- Helping Clients with Internalized Transphobia
- Avoiding Body Appraisal with Clients in Session
- Integration and Complexity of Sexuality and Gender

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